



San Joaquin County Public Health Services



Child Health and Disability Prevention Program Fall 2016 Newsletter

CHDP Updates

Program Revisions

Provider Information Notice (PIN) [16-02](#) was released in July on the newly revised Health Assessment Guidelines (HAGs) — **20 of the 27 sections have been updated.** All providers are urged to review the updates which can be found on <http://www.dhcs.ca.gov/services/chdp/Pages/HAG.aspx>. These guidelines set health assessment standards for providers serving CHDP children.

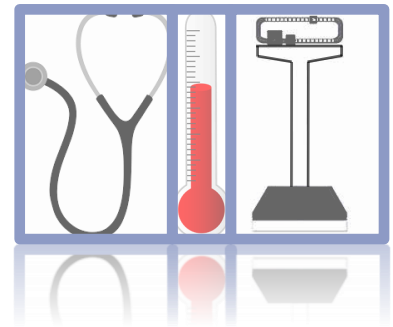
Also in July, PIN [16-03](#) was released announcing that **the American Academy of Pediatrics (AAP) Bright Futures periodicity schedule will now be used for fee-for-service CHDP health assessments.** In addition, the dental schedule now shows that all children are required to be referred to a dentist beginning at age one. See **Attachment A** for the new schedule of health assessments.

For more information or clarification on any of these updates please feel free to contact Gwen Callaway at 209-468-8918 or gcallaway@sjcphs.org.

CHDP Trainings

Thank you to everyone who attended the Audiometric Screening Training on August 31st as well as the Vision Screening Training on October 13th! Our next scheduled hearing and vision trainings will be in 2017, however, frequency is largely based on demand. **CHDP hearing and vision screening certifications are required for all staff who conduct the screenings during CHDP exams.** Please keep in mind that certificates are good for 4 years or for one year if you do not conduct a screening in that time.

For subject information, please see the Health Assessment Guidelines, Section 600: Sensory Screening. For information on vision training please contact Jay Chevalier at 209-468-3703 or jchevalier@sjcphs.org. For hearing training information please contact Gwen Callaway at 209-468-8918 or gcallaway@sjcphs.org.



New Benefits

Effective on and after July 1, 2016 the following are **new health assessment benefits of CHDP.**

- ⇒ Autism screening
- ⇒ Dyslipidemia screening
- ⇒ Psychosocial/behavioral assessment and reassessment
- ⇒ Two types of HIV screening
- ⇒ Alcohol and drug use assessment

For the billing codes and rates as well as the appropriate age for testing, providers should consult <https://www.medi-cal.ca.gov/>. For claim completion instructions, billers should follow the “Other Tests” instructions in the *CHDP Provider Manual* under the *Confidential Screening/ Billing Report (PM 160) Claim Form: Completion Instructions*



Schoolhouse Corner

Bullying Prevention

October was National Bullying Prevention Month, but how does bullying affect health? **Physical injury, social and emotional distress, and even death are all possible results of bullying.** Adolescents who bully, have been bullied, or both, are at risk for a range of behavioral and mental health issues.

According to the CDC, in 2013, 20% of high school students reported being bullied on school property in the 12 months before the survey. For the 2012-2013 school year, 8% of public school students aged 12-18 reported being bullied on a weekly basis.

Research on how to effectively address and prevent bullying is still being established. However, there are several elements that look promising:

- ◆ **Improving supervision** of students
- ◆ **Using school rules and behavior management** in the classroom and throughout the school to detect and address bullying by providing consequences for bullying
- ◆ **Having a school-wide anti-bullying policy** and enforcing that policy consistently
- ◆ **Promoting cooperation** among different professionals and between school staff and parents

Physicals

A friendly reminder that **children should have had their required school physical within 90 days of entering 1st grade.** For more information on physicals or periodicity, please contact Gwen Callaway at 209-468-8918 or gcallaway@sjcphs.org.

Vaccinations

For the 2016-2017 flu season, **the nasal spray is NOT recommended by the CDC.** Please see your pediatrician for the vaccine injection.

All children who receive classroom-based instruction are required to receive the age-appropriate CDC-recommended vaccinations. For the full list please see <http://www.cdc.gov/vaccines/hcp/acip-recs/>.

Car Seat Law Updates and Resources

Beginning January 1, 2017, there will be a major change to the car seat law in California. Currently, only children up to 1 year are required to ride rear-facing in a car seat in the back seat of a vehicle. **Now, the rear-facing requirement will extend to children up to age 2 years unless they weigh 40 pounds or more, or are 40 inches tall or more.** If in violation, the driver or parent can be fined more than \$500 and get a point added to their driving record.

PHS also offers free, weekly Car Seat Safety Classes to SJC residents. **These classes are every Wednesday at 11am in Spanish and 2pm in English.** Afterwards, participants can buy a car seat for \$40 or \$30 with proof of low-income—WIC or Medi-Cal. The class fulfills the court-mandated Child Passenger Safety course requirement for a car seat law violation ticket. For questions and more resources, please contact Maribel Hernandez at 209-468-8914.

Public Health News

Rising Syphilis Rates

In San Joaquin County (SJC), syphilis rates are increasing in both men and women of all ages and ethnicities. Syphilis in women has doubled each year for the past 2 years, from 8 in 2013 to 38 in 2015. Six babies were born with congenital syphilis in 2015 as compared to just two per year in 2014 and 2013. The total number of reported infectious syphilis cases increased from seven in 2008 to 129 in 2015. **This number could reach 200 in 2016.** Details can be viewed on the [San Joaquin County Public Health Services website](#).

The Centers for Disease Control and Prevention (CDC) recommends the following to reduce the risk of getting syphilis:

- Abstaining from all sexual contact is the only way to avoid any STD.
- If sexually active, be in a long-term monogamous relationship with a partner who has tested negative for STDs.
- Use latex condoms the right way, every time. Contact with a syphilis sore that is not covered by a condom can still transmit the bacteria.

For questions on syphilis services and resources in SJC, contact Public Health Community Services at 209-468-3845. Based on the client's needs, they offer case management; risk reduction counseling; and assure that sexual partners are notified of exposure to syphilis and tested.

National Childhood Lead Poisoning Prevention Week

Last week, October 23rd through 29th, was National Childhood Lead Poisoning Prevention Week. The theme this year was, "Is your child at risk for lead poisoning? Check for lead in and around your home."

San Joaquin County's Childhood Lead Poisoning Prevention Program (CLPPP) took this opportunity to work with community partners by informing parents of at-risk children of the importance of blood lead testing. **There is no known safe blood lead level, and lead poisoning can permanently impair a child's intellectual and social development.**

Many at-risk children have not been tested for lead. Please take time to ensure all children on a government assisted health program are screened at both 12 and 24 months. Please call Gale Heinrich, San Joaquin County's Lead Program Coordinator, at 209-468-2593 with any questions.



CHNA Results

The 2016 SJC Community Health Needs Assessment (CHNA) provides a picture of the most important issues affecting the health of our community. The full report can be read at <http://www.healthiersanjoaquin.org/>. The following concerns were identified in SJC:

- | | | |
|-------------------------------|----------------------|---------------------------|
| 1. Obesity & Diabetes | 4. Economic Security | 8. Access to Medical Care |
| 2. Education | 5. Violence & Injury | 9. Mental Health |
| 3. Youth Growth & Development | 6. Substance Abuse | 10. Oral Health |
| | 7. Access to Housing | 11. Asthma/Air Quality |

Resources

E-lactancia

E-lactancia (www.e-lactancia.org) is a reference website on medications that are compatible with breastfeeding. The website categorizes each medication into one of four categories: very low risk (green), low risk (yellow), high risk (orange), and very high risk (red). Natural and herbal remedies are also listed.



All the information is available in both English and Spanish. Currently, the site is web-based only, but an app for smartphones is coming soon.

Free Dental Hygiene Clinic

University of the Pacific's (UOP) Dental Hygiene Clinic provides a variety of **free preventative services**. These include cleanings, x-rays, fluoride, and oral health education. Children and adults are welcome. Call 209-946-7404 to schedule an appointment.

The clinic is located in Stockton at 757 Brookside Road on the second floor.



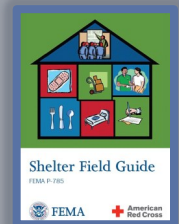
Emergency Shelter Training Course

This Shelter Field Guide Training is a basic level course offered by the PHS Emergency Preparedness Program. Participants will learn how to use the Field Guide to open, manage, and close an emergency shelter in the event of a disaster. To register and for more information contact Kathleen Conley, Emergency Preparedness Program Coordinator, at kconley@sjcphs.org or 209-468-9361.

Location: San Joaquin County Public Health Services (1601 E. Hazelton Ave. Stockton, CA 95205)

Date: Monday, November 14, 2016

Time: Sign-in/Doors open at 12:30pm. Training from 1-5pm.



Smart Moves™ Program

A new weight management program for children is being offered through St. Joseph's Medical Center that **uses a non-diet, family approach to emphasize behavior change, nutrition education, and exercise**. This 12 week program is for children aged 9-15 years old.

Participants will meet at Stockton Unified School District Health Services (behind Fremont Elementary). The class is on Tuesdays from 4:30pm-6pm. The program is **free for students in SJC**, but there is a substantial fee for out of county students.

For more information contact Petra Stanton at 209-944-8355 or Petra.Stanton@DignityHealth.org. Please see **Attachment B** for the registration form.

CHDP Newsletter Team

CMS Medical Director	Maggie Park, MD
CMS Administrator	Marianne Hernandez, MSN
CHDP Deputy Director	Renee Sunseri, RN, BSN, PHN
CHDP Public Health Educator	Gwen Callaway, MPH
CHDP Provider Relations	Jay Chevalier, PHN Annette Vegas, PHN
CHDP Foster Care Coordination	Pam Lam, Sr. PHN Jamie Crenshaw, PHN Charlene Devera, PHN Christine Merin, PHN Annelie Steele, PHN
CHDP Outreach & Support	Xia Lo Ronald Ross

Table 21.3 CHDP BRIGHT FUTURES SCHEDULE FOR HEALTH ASSESSMENTS BY AGE GROUP

Child Health and Disability Prevention (CHDP) Program

Screening Requirement	INFANCY						EARLY CHILDHOOD						
	Periodic Well-Child Health Assessment (History and Physical)	3-5 day	By 1 mo	2 mo	4 mo	6 mo	9 mo	12 mo	15 mo	18 mo	24 mo	30 mo	3 yr
Interval to Next Health Assessment	<1 mo	1 mo	2 mo	2 mo	3 mo	3 mo	3 mo	3 mo	6 mo	6 mo	6 mo	12 mo	12 mo

Screening Requirement	MIDDLE CHILDHOOD						ADOLESCENCE								
	Periodic Well-Child Health Assessment (History and Physical)	5 yr	6 yr	7 yr	8 yr	9 yr	10 yr	11 yr	12 yr	13 yr	14 yr	15 yr	16 yr	17 yr	18 yr
Interval to Next Health Assessment	12 mo	12 mo	12 mo	12 mo	12 mo	12 mo	12 mo	12 mo	12 mo	12 mo	12 mo	12 mo	12 mo	12 mo	12 mo

Notes: 1. For components of each periodic health assessment, see the American Academy of Pediatrics (AAP) Bright Futures Recommendations for Preventive Health Care at https://www.aap.org/en-us/Documents/periodicity_schedule.pdf.

2. The prenatal, newborn and age 21 periodicity health assessments in the AAP Bright Futures Recommendations are not CHDP periodic health assessments.

3. Several new separately billable tests provided for in the AAP Bright Futures recommendations are being established for CHDP and will be announced separately in the near future.

Registration Form

Yes! I am interested in enrolling my child (or "patient" if physician is inquiring) into the Smart Moves™ Program.

Child/Patient Information

Name _____

Date of Birth ____/____/____

Weight _____ Height _____

Parent/Guardian Information

Name _____

Phone# _____

Address _____

Healthcare Information

Insurance Provider _____

Pediatrician _____

Pediatrician Phone# _____

How did you hear about Smart Moves™ ?

Detach and mail to:

Smart Moves™

Attn: Community Health

St. Joseph's Medical Center

1800 N. California St.

Stockton, CA 95204